



with Sybil Verch



		<u>SD</u>	<u>HD</u>
Bell Satellite	CH	255	
Shaw Direct	CH		6
Shaw Cable in Victoria	CH	6	215
Telus Optik	CH	121	



Bell Satellite	CH	218	1057
MTS	CH	261	1261
Rogers	CH	11	521
SaskTel	CH	33	
Shaw Direct	CH	345	536
Telus Optik	CH	218	1057



Shaw Direct	CH	510	153
MTS	CH	146	1146
Optik	CH	9817	817
SaskTel	CH	68	368
VMedia	CH	187	

Available on most Canadian Cable systems.  
Check local listings, channels may vary

For more information go to [www.thewealthylife.com](http://www.thewealthylife.com)